



Bongo La

Choreographers: Jose Miguel Belloque Vane (NL), Pim van Grootel (SE), Daniel Trepas (NL) & Roy Verdonk (NL)

~Official GOLD competition dance 2022 - 2023~

Type of dance: 64 Count, 1 Wall, Cha Cha - Line Dance
 Level: Stars
 Music: "Bongo Cha Cha Cha" by Goodboys
 Intro: 8 counts from first beat in music (app. 4 seconds into track)

Counts	Footwork	End facing
1 – 9	Knee Pops, Chassé, Drag, Side	
1 – 2	Pop R knee forward (1), Straighten R knee popping L knee forward (2)	12:00
3 – 4	Straighten L knee popping R knee forward (3), Hold (4)	12:00
5&	Straighten R knee popping L knee forward (5), Straighten L knee popping R knee forward (&)	12:00
6&7	Step R to R side (6), Step L next to R (&), Step R to R side (7)	12:00
8 – 1	Drag left towards right (8), Step left to left (1)	12:00
10 – 17	Cross Rock, Sweep, 1/8 Turn R, Coaster Step, Modified Step Lock Step, Step Fwd, 3/8 Turn L, Hitch, Side	
2 – 3	Cross rock R over L (2), Recover on L & sweeping R back (3)	12:00
4&5	1/8 turn R stepping R back (4), Step L next R (&), Step R forward (5)	1:30
6&7	Step L forward (&), Lock R behind L (6), Step L forward (&), Step R forward (7)	1:30
8 – 1	3/8 turn L hitching L knee (8), Step L to L side (1)	4:30
18 – 24	Bump Hip R L, 1/8 Turning Triple Cross, Full Triple Turn, Sweep,	
2 – 3	Bump hips R (2), Bump hips L (3)	4:30
4&5	1/8 turn R stepping R forward (4), 3/8 turn R stepping L back (&), Cross R over L (5)	12:00
6&	1/2 turn L stepping L forward (6), 1/4 turn L stepping R next to L (&)	3:00
7 – 8	1/4 turn L stepping L forward & start sweeping R forward (7), Finish sweep R forward (8)	12:00
25 – 33	Cross, Full Unwind, 1/4 Turn L, Step Fwd, 3/4 Turn L with 2x Turning Hip Rolls With Cross, 3/8 Turn Lock Step, 1/2 Spiral Turn L	
1 – 3	Cross R over L (1), Unwind full turn L keeping weight on R (2), 1/4 turn L stepping L forward (3)	9:00
4 – 7	1/4 turn L stepping R to R side & pushing your hip back & to R (4), 1/4 turn L crossing L over R (5) Step R to R side & pushing your hip back & to R (6), 1/4 turn L crossing L over R (7)	12:00
8&1&	1/8 Turn L stepping R to R (8), 1/4 turn L crossing L over R (&), Step R back (1), Spiral 1/2 turn L hooking L in front of R (&)	1:30
34 – 40	Walk L R, Step Lock Step, Syncopated Extended Rocking Chair	
2 – 3	Step L forward (2), Step R forward (3)	1:30
4&5	Step L forward (4), Lock R behind L (&), Step L forward (5)	1:30
6&7&8&	Rock R forward (6), Recover on L (&), Rock R back (7), Recover on L (&), Rock R forward (8), Recover on L (&)	1:30
41 – 49	Extended Back Lock Step, Big Step Back, Drag, Ball 1/8 Turn L, Flick, Cross, Full Unwind, 1/8 Turn L, Step Lock Step	
1&2&	Step R back (1), Lock L in front of R (&), Step R back (2), Lock L in front of R (&)	1:30
3 – 4&5	Big step R back (3), Drag L towards R (4), Step L next to R (&), 1/8 turn L flicking R back (5)	12:00
6 – 7	Cross R over L (6), Unwind full turn L keeping weight on R (7)	12:00
8&1	1/8 turn L stepping L forward (8), Lock R behind L (&), Step L forward (1)	10:30
50 – 56	Walk R L, Step Lock Step, Rock Step with Sweep, Step Back	
2 – 3	Step R forward (2), Step L forward (3)	10:30
4&5	Step R forward (4), Lock L behind R (&), Step R forward (5)	10:30
6 – 8	Rock L forward (6), Recover on R & sweeping L back (7), Step L back & pop R knee forward (8)	10:30

57 – 64	Batucadas, Step Back, 1/8 Turn R, Pose (of your choice)	
1&	Push R forward (1), Recover on L (&)	10:30
2&á	Step R back popping L knee forward (2), Push L forward (&), Recover on R (á)	10:30
3&á	Step L back popping R knee forward (3), Push R forward (&), Recover on L (á)	10:30
4&	Step R back (4), Step L back & turn 1/8 R (&)	12:00
5 – 8	Strike any pose of your choice finish with weight on left with feet together (5-8)	12:00

